

Saint Catherine Dress Code

Why do we have a dress code?

First and foremost, as a Catholic school, the dress code should reflect values such as virtue and modesty. In addition to this, uniforms give children a sense of pride in their education, which is exemplified by their respectful attitude toward their schoolwork, their teachers, fellow students and the facilities themselves. It has been proven in various studies that schools that employ uniforms have higher student achievement and fewer discipline problems. By putting on a uniform, it is a psychological cue for the students to ready themselves for learning. Uniforms "even out" any disparity in students in terms of economic status or ethnic differences. Uniforms not only save parents money but remove the whole "what to wear" headache when getting the kids up for school in the morning. Uniforms do not prevent children from expressing their individuality, but refocus kids to expressing their individuality through their essays, creative writing, artwork, music, etc., which is a more beneficial way of teaching them how to express themselves.

When purchasing clothes for your child, make sure they are “uniform” style and free of any logos.

	Boys	Girls
Bottoms	<ul style="list-style-type: none"> • Navy blue uniform pants • Navy blue uniform shorts no more than 3” above the knee (1st & 4th Q) 	<ul style="list-style-type: none"> • Navy blue uniform pants • The following items must be no more than 3” above knee: <ul style="list-style-type: none"> ○ School approved jumper (K-5) ○ School approved skirt (6-8) ○ Navy blue uniform short (1st & 4th Q) ○ Navy blue uniform skorts (1st & 4th Q)
Tops	<ul style="list-style-type: none"> • White or light blue collared polo style shirts or oxford shirt; short or long sleeve tucked in. • Navy blue or white turtleneck shirts (may be worn under uniform shirts or sweatshirts) tucked in. • School approved sweatshirt (no hoods) or fleece. • Navy blue cardigan or pullover sweater. • Short sleeve plain white undershirt (under the school shirt) 	<ul style="list-style-type: none"> • White or light blue collared polo style shirts: short or long sleeve tucked in. • Navy blue or white turtleneck shirts (may be worn under, uniform shirt or sweatshirts) tucked in. Turtlenecks may also be worn under jumpers. • White or light blue uniform blouses, round or pointed collars, permanent press, short or long sleeve, tucked in. • School approved sweatshirt (no hoods) or fleece. • <u>Navy blue cardigan</u> or pullover sweater. • Short sleeve plain white undershirt (under the school shirt)
Shoes	<ul style="list-style-type: none"> • Gym Shoes • Hard soled shoes that tie or fasten (Snow boots allowed in winter, but must be removed once in school) 	<ul style="list-style-type: none"> • Gym Shoes • Hard soled shoes that tie or fasten (Snow boots allowed in winter but must be removed once in school)
Socks/Leggings	<ul style="list-style-type: none"> • Solid white, black, navy or hunter green with no logos 	<ul style="list-style-type: none"> • Solid white, black, navy or hunter green with no logos • white, grey, black, navy, or hunter green footed tights • black, grey, navy, or hunter green ankle length leggings without lace or decoration.

Belts	<ul style="list-style-type: none"> • Belts must be worn in grades 3-8 with pants or shorts. Navy, brown, or black belts enclosed in the belt loops. 	<ul style="list-style-type: none"> • Belts must be worn in grades 3-8 with pants or shorts. Navy, brown, or black belts enclosed in the belt loops.
Hair and Accessories	<ul style="list-style-type: none"> • Hair color should be a natural color, traditionally cut, off the face and well kept. 	<ul style="list-style-type: none"> • Jewelry, makeup, and other accessories should be kept to a minimum. • No piercings other than ears. • Hair color should be a natural color, traditionally cut, off the face and well kept.

Physical Education Uniform

- Due to Covid-19 protocols, all students should wear navy blue gym shorts or sweatpants and a plain white t-shirt or a St. Catherine/colts t-shirt. Shirts need to have sleeves. They should wear it to school and all day so they do not have to change for gym class.
- Students are not permitted to wear tank tops, sleeveless shirts, or "short" shorts. Please keep in mind that the students will be bending and exercising in these clothes, so they should fit comfortably and cover well.
- Students should not wear jewelry during gym class.
- Deodorant may be brought to gym class to reapply after class.
- Gym shoes that support the foot and fasten (tie or velcro) must be worn during class.
- Socks should be uniform colors and must be seen above the entire shoe.

Out of Uniform Days – While out of uniform days are meant to give students a break from wearing their school uniforms, students are still expected to wear clothing that is appropriate for a Catholic School. If for any reason you are not sure about whether a piece of clothing is appropriate, do not wear it.

- Shorts (allowed 1st and 4th Quarter) and skirts should be no more than 3” above knee.
- No open toed shoes, spaghetti straps, tank tops, or inappropriate logos/writing may be worn.

During cold weather the students will still have outdoor recess unless the temperature goes below 20 degrees. Students are expected to bring appropriate attire for the weather.

Homeroom teachers are required to check students for dress code infractions each morning. Students who do not follow dress code will be given an infraction (for Responsibility) and sent to the office to call parents (to bring up appropriate clothes). If parents are unable to come to school, students will be given clothes from the uniform exchange to wear the remainder of the school day.

Students who have multiple dress code infractions will lose out-of-uniform day privileges.

Please sign below confirming you and your child/children have read the dress code.

Students' signature _____

Parent's Signature _____