

Take a break from the hectic pace of life

WHO: Everyone is welcome

WHAT: Eucharistic Adoration

WHEN: Every Tuesday at 3:00pm ending with Benediction at 6:45pm
Reconciliation 5:30 - 6:30 (most Tuesdays)

WHERE: St. Catherine of Siena Church

WHY: The purpose of Eucharistic Adoration is:

- 1) to acknowledge Christ's presence in the sacrament
- 2) to lead us to a fuller participation in the celebration of the Eucharist
- 3) to foster the worship which is due to Christ in spirit and in truth

WHAT DO I DO?

Come and spend ½ hour or an hour each week with Jesus. You may bring your own prayer books, use the books provided, read the Bible, pray the rosary, or just sit, relax, and enjoy the sweet peace that comes from simply being in the presence of God. Taking the time each week to spend with Jesus in the Blessed Sacrament pleases Him very much and in itself is a prayer of great faith.

"Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us."

(Saint Alphonsus Liguori)

"It is pleasant to spend time with him, to lie close to his breast like the Beloved Disciple (Jn 13:25) and to feel the infinite love present in his heart."

(Pope John Paul II, *Ecclesia de Eucharistia*)