



Helping our children grow in their Catholic faith.

October 2011

St. Catherine of Siena Church

Rev. Stef Bankemper, Pastor



Thoughtful Moments

Too busy?

On your deathbed you are not going to lie there thinking, "Boy, I wish I had worked more." You are going to long for more time with your spouse, your children, or your family. A child needs the undivided attention of his or her parent for a little while each day. Don't be so busy that you miss even one special moment with yours.

St. Francis

One of the most cherished of all saints is St. Francis of Assisi, the founder of the Friars Minor.

On his feast day, Oct. 4, many parishes offer a blessing of the animals during which you can bring your pet for a special blessing in his honor. St. Francis rejoiced in all of God's creation.



Parent love

When we give love to our children, they learn to give love to others. When we give them unconditional love, we give them the courage to overcome their natural self-absorption and become sacrificial in their love – just as Jesus intends.



The best way to ensure our children will live good Catholic lives as adults is to build a strong Catholic foundation while they are young. That foundation will make it likely that they will continue to live their faith. Consider these suggestions:

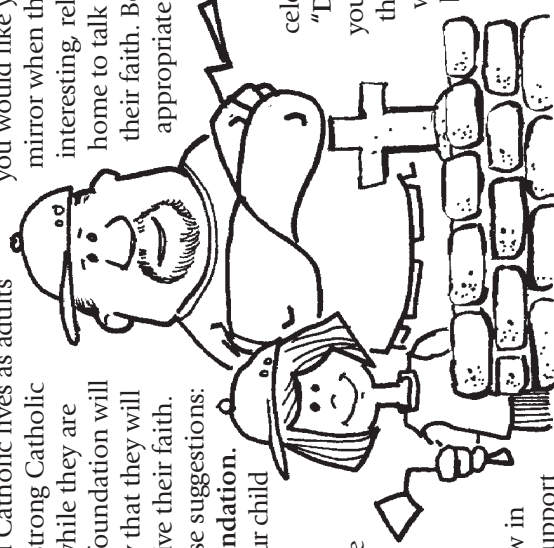
Lay the foundation.

Make sure your child is getting the Catholic education she deserves so she has all the necessary resources on which to draw in adulthood. Support her religious education, whether she attends Catholic school or the parish school of religion, by supervising homework and helping her master the prayers and doctrine required.

Present positive influences. Present

Help your child live a good Catholic life

to youngsters grown-ups whose lives you would like your children's to mirror when they are adults. Invite interesting, religious adults to your home to talk about how they live their faith. Bonus: Offering appropriate role models gives children substitutes



for the less-desirable celebrities of today.

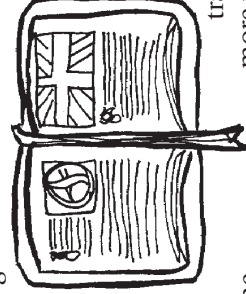
"Do as I do." Don't kid yourself into thinking that you can live by the world's rules yourself but expect your children to follow God's rules.

Abraham's nephew, Lot, made that mistake and lost most of his family during an emergency. They didn't respect him because his words and deeds didn't match (Genesis 19). To raise faithful Catholics, we have to be faithful Catholics ourselves – and that begins with going to Mass every week.

Why Do Catholics Do That?

Actually, the Mass isn't going to change but some prayers we say will sound different when the Third Edition of the Roman Missal is implemented on the First Sunday of Advent, November 27th.

The Missal is the guide to the prayers and instruction of the



Catholic Mass. The update will include newly canonized Saints as well as additional prayers and Masses.

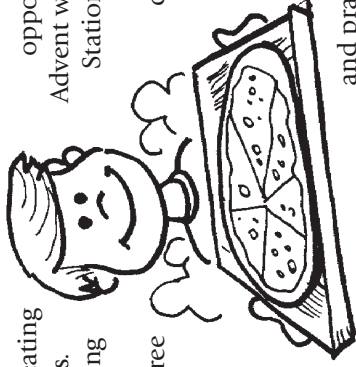
Although the Mass is the same, the new translation will make it a more meaningful and authentic interpretation of the original Latin.

Why is the Mass going to change next Month?

The value of family traditions

Spending time together as a family and creating a sense of belonging strengthens our families. That's what family traditions are – the handing down of a culture that binds us together. Consider enriching your own family with three kinds of traditions:

Celebration Traditions: These are the activities built around special occasions that call for a celebration, such as birthdays, anniversaries, graduations, or holidays. Christmas and Easter, and the seasons that precede them, are wonderful



opportunities to practice traditions: lighting the Advent wreath, trimming the Christmas tree, praying the Stations of the Cross, or lighting the Easter candle. **Lifestyle Traditions:** Special ways your family can come together, such as pizza night on Fridays, monthly family meetings, or weekly breakfasts before Mass on Sunday mornings.

Patterned Family Traditions: Everyday events that give your lives stability and comfort – saying grace before meals, stories and prayers at bedtime, family dinners, a kiss before starting the day.

Scripture LESSON

Matthew 23:1-12, Do I practice what I preach?

In this passage, Jesus accused the Pharisees and scribes of hypocrisy. He pointed out that although they may have faithfully taught what Moses handed down from God, they acted as if they were better than the people they served.

Jesus' message serves as a warning to all leaders, especially those in our governments and in our Church. While he tells us to follow their faithful teachings, we should remember that they are human and can err.

This warning is a message that applies to all of us. When we are dealing with



family, friends, coworkers, and neighbors, Jesus' message in this Gospel instructs us to practice what we preach. When we exalt ourselves, we move away from God. When we humble ourselves, God will exalt us in heaven.

What can a parent do?

Remember that children watch their parents. They learn more from what a parent does than what a parent says. Striving to show how to live a Godly life is more important than telling a child what to do.

Feasts & Celebrations

October 14 – St. Callistus I (222). Born a Roman slave, Callistus was ordained a deacon by Pope Zephyrinus, whom he later succeeded. Callistus's election caused an eighteen-year schismatic movement. He fought against heresy and showed forgiveness toward sinners. He was martyred in Rome.

October 20 – St. Paul of the Cross (1775). Born in Italy to a poor noble family, St. Paul was inspired by a vision to start a religious order dedicated to the Passion of Christ. He founded the Passionists in 1720 and was elected superior general of the

Parent TALK

When Julia turned twelve, she stopped talking much about school, expressing her feelings or engaging in any real communication unless I bugged her.

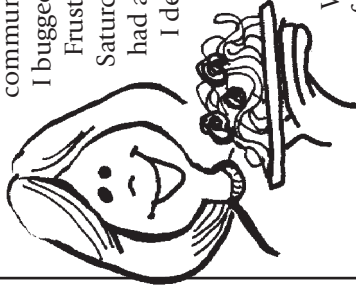
Frustrated, one Saturday I told her we had a special project.

I decided she was old enough to learn the family recipe for

homemade pasta. We broke out bags of flour, cracked eggs and dusted off the pasta machine. Soon we were up to our elbows in dough.

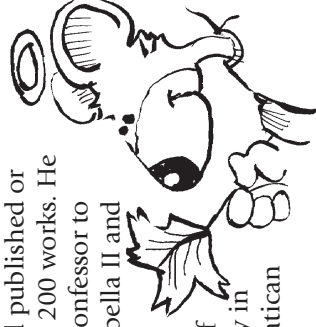
We both laughed more that day than we had in months. And we talked for hours as we slowly cranked out tables full of spaghetti. Without even asking, I heard all about school, her friends, and her life. Now we make pasta once every six weeks or so and we both look forward to that special time.

My Grandmother always said that pasta has a way of bringing people together. Now I realize the true wisdom in her words.



order. He lived a penitential life and cared for the poor and sick.

October 24 – St. Anthony Mary Claret (1870). Born in Spain, St. Anthony traveled and preached in Catalonia before becoming the archbishop of Cuba. In 1849, he founded the Claretian orders. He also founded the Religious Publishing House and published or wrote over 200 works. He served as confessor to Queen Isabella II and defended the doctrine of infallibility in the First Vatican Council.



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