

Vegetable Soup

Ingredients

- 1 pound lean ground beef (i.e. Laura's Lean or Private Selection)
- 1 cup chopped onion
- 1 cup chopped celery
- 1 cup chopped carrots
- 2 cups frozen or fresh green beans
- 2 cloves garlic, minced
- 1 (14.5 ounce) can peeled and diced tomatoes
- 1 (15 ounce) can tomato sauce
- 2 (19 ounce) cans kidney beans, drained and rinsed
- 2 cups water
- 1 tablespoon dried parsley
- 1/2 teaspoon dried oregano
- 1/2 teaspoon dried basil
- 1/4 teaspoon pepper
- 1/2 teaspoon salt
- 2 cups chopped cabbage
- 1 (15.25 ounce) can whole kernel corn
- 1 cup macaroni

Directions

1. Place ground beef in a large soup pot. Cook over medium heat until evenly browned. Drain excess fat. Stir in onion, celery, carrots, green beans, garlic, chopped tomatoes, tomato sauce, beans, water. Season with parsley, oregano, basil, salt and pepper. Simmer for 20 minutes.
2. Stir in cabbage, corn and pasta. Bring to a boil, then reduce heat. Simmer until vegetables are tender and pasta is al dente. Add more water if needed.