

St. Elizabeth Healthcare-Edgewood 2010 CLASSES FOR ADOLESCENTS

Mother to Daughter I

Designed to open communication between mothers and daughters regarding puberty. Discussion includes physical and emotional changes of girls during adolescence.

**Classes offered: February 17, April 21, May 19, June 23, July 21,
August 25, September 22, October 20, November 17**

***March 24@ St Elizabeth-Florence**

Appropriate age: 9-12 Time: 6:30-8:30

Mother-Daughter II "The Next Step"

Designed as a follow-up for the Mother to Daughter I. The class will discuss sexuality in a moral and value based setting in order to allow a frank and open communication between mother and daughter.

Classes offered: February 22, June 28, and October 25.

Appropriate age: 12-14 Time: 6:30-8:30

Parent to Son

Designed to open communication between a mother or father and son. Discussion includes emotional and physical changes of boys during adolescence.

Classes offered: April 26 and September 27.

Appropriate age: 9-12 Time: 6:30-7:30

Personal Safety Parent/Child

A safe environment program for children whose parents want to be part of their safe environment training-an alternative to the program taught to students in the classroom in school or parish schools of religion. The information teaches children that they have special rights to be Strong, Safe, and Free.

Class offered: November 22. Time: 6:30-7:30

Appropriate age: Grades 4, 5, 6

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COST: \$20.00 per family

Classes are held at St. Elizabeth-Edgewood unless otherwise noted.

Drinks provided during break; room temperature varies, suggest a sweater.

Registration/ Information: (859)301-2229

Registration On-Line: www.stelizabeth.com